

actiVa Well Being Sleep

150 million people worldwide
are currently suffering from sleep problems *

Tested & Approved

1,000 users tried the product

501 gave a product review with
an overall rating of **4.5 out of 5**

*Sources: <https://www.psychologytoday.com/us/blog/sleep-newzzz/201208/are-sleep-problems-the-next-global-health-crisis>



@Miy_iris
SINGAPORE
7 reviews

WELL BEING
29 days ago

4.5/5 ◆◆◆◆◆

Received for free from Try and Review

Helps to keep me ready for bed time. But not sure if would relied this on long term would be good for body. Short term wise cannot tell if any effects on body "nil"



@ShuJun
SINGAPORE
5 reviews

NO MORE TOSS AND TURN
2 months ago

4.2/5 ◆◆◆◆◆

Received for free from Try and Review

No more toss and turn after popping 2 of this when i am sleepless.



@Noraahmad
SINGAPORE
29 reviews

SLEEP WELL
1 year ago

4.7/5 ◆◆◆◆◆

Received for free from Try and Review

Convenient supplement that help to promote good sleep. Has calming effect. Helps to provide with good sleep and feel refreshed the next morning



@lrynmama
SINGAPORE
7 reviews

ACTIVA WELL BEING SLEEP
1 year ago

5/5 ◆◆◆◆◆

Received for free from Try and Review

I found that this product supported a good nights rest and waking up feeling fresh. Some sleep supplements make me feel groggy in the morning and this seems to work the best for me. It has natural herbs that aid in sleep and no melatonin which is why I choose it. Simple ingredients and effected. I am aware that many factors go into a good nights rest and whether a supplement works or not.



@Cuzimjustakid
SINGAPORE
21 reviews

IMPROVES QUALITY OF SLEEP!
1 year ago

5/5 ◆◆◆◆◆

Received for free from Try and Review

Activa really helps to improve my quality of sleep. However, I am also afraid that I would be too reliant on such pills.

Survey conducted by **Try&Review**



Laboratoires
actiVa



@Lhfcheryl
SINGAPORE
2 reviews

MY GO-TO ON SLEEPLESS NIGHTS
1 year ago

5/5 ◆◆◆◆◆
Purchased by reviewer

i have always had trouble sleeping the past few years, and i pop two of these with water to really ease into a restful, deep sleep. highly recommended!



@Cuzimjustakid
SINGAPORE
21 reviews

HELPED ME TO SLEEP!
1 year ago

5/5 ◆◆◆◆◆
Received for free from Try and Review

After I started eating this, I found that I have been having peaceful nights.



@Dustttts
SINGAPORE
1 reviews

IMPROVE SLEEPNESS
2 years ago

5/5 ◆◆◆◆◆
Received for free from Try and Review

The product is good i used for a week and it clearly improve my sleeping as i tend to insomnia alot at night but with this im able to sleep well. Definitely



@Sng02
SINGAPORE
5 reviews

EFFECTIVE SLEEP AID
3 years ago

5/5 ◆◆◆◆◆
Received for free from Try and Review

I slept better after taking this sleep aid and wake up with less frequently



@Vivavandiva
SINGAPORE
5 reviews

MUMMY WITH BETTER SLEEP
3 years ago

3.8/5 ◆◆◆◆◆
Received for free from Try and Review

Some background: I'm a mum of a 2-year-old, I've not gotten a single full night of uninterrupted sleep for the past 26 months (since she was born basically). I've got severe sleep deficit and she still wakes up every night to feed.
Firstly, I'm so glad Activa uses natural ingredients, which means I don't have to worry about nursing.
It's helped me sleep faster and improved the quality of my sleep. While I still have to wake up a couple of times at night, I fall into deeper, quicker sleep.
There have been a few times, however, where I do wake up in the morning feeling tired, like I haven't gotten enough sleep. That's the downside for me I guess.

4.5

501 reviews



88% recommend this product!

4.3
Price

4.6
Packaging

4.3
Effectiven...

4.7
Convenie...

Activa Well Being Sleep is the best synergy of Lemon balm, Hawthorn, Eschscholzia, Chamomile, Verbena and Lime tree plants, to improve your quality of sleep with non-addiction.

Made in France

